**Schedule for Track Meet January 29th @ Bartram Trail High School**

**9:00 am** – Bib pick up and late registration opens. Late registration closes at 10:30am and cost 5 dollars. (CASH ONLY)

**10:00am** –1600 meters

**11:00 am** – Age 12 and Under Long Jump (2 attempts)

**11:00 am** – Age 13 and over Mixed Gender Pole Vault

**11:00 am** – Age 13 and over Mixed Gender High Jump

**11:00 am** – Age 13 and over Mixed Gender Throwing Double – 1st Shot then 2nd Discus

 (3 attempts per implement)

**11:30 am** - Age 12 and Under Track Events: 100, 1600, 200

**11:45 am** - Age 13 and Over Mixed Gender Field Events: Long Jump

**12:30 pm** - Age 13 and Over Track Events in the following order:

Female 100h Male 110h (hurdles will be set at high school heights)

Female 100m Male 100m

Female 400m Male 400m

Female 800m Male 800m (genders may run together, scored separately)

Female 300h Male 300h

Female 200m Male 200m

**For all Events females and males may compete together but will be scored separately by age groups.**

**-Age groups** – 0-5, 6-7, 8-9, 10-12, 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and up.