**Schedule for Track Meet January 13th @ Creekside,**

**8:00 am** – Bib pick up and late registration opens. Late registration closed at 10:30am and cost 5 dollars. (CASH ONLY)

**9:00am** – High School only 1600 meters

**10:00 am** - Age 12 and Under Long Jump (2 attempts)

**10:45 am** - Age 12 and Under Track Events: 100, 1600, 200, 4x100

**-Age groups** – 0-5, 6-7, 8-9, 10-12,

**10:00 am** – Age 13 and over Mixed Gender Pole Vault

**10:00 am** – Age 13 and over Mixed Gender High Jump

**10:30 am** – Age 13 and over Mixed Gender Throwing Double – 1st Shot then 2nd Discus

 (3 attempts per implement)

**10:45 am** - Age 13 and Over Mixed Gender Field Events: Long Jump

**For all Events females and males may compete together but will be scored separately by age groups.**

**11:30 am** - Age 13 and Over Track Events in the following order:

Female 100h Male 110h (hurdles will be set at high school heights)

Female 100m Male 100m

Female 1600 Male 1600m (genders may run together, scored separately)

Mixed Gender 4x100m (4x100 – is not timed, no medals)

Female 400m Male 400m

Female 800m Male 800m (genders may run together, scored separately)

Female 200m Male 200

Mixed Gender 4x400m (4x400 – is not timed, no medals)

**-Age groups** – 13-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and up.